It was a miracle
from the parent of a Grace House Alumna

A little over three and a half years ago, my daughter tested positive for heroin. My 32 year old daughter had sworn to me that she was clean and sober. She was living with me because she had nowhere else to go. I finally made the agonizing decision to put her out on the street. I finally surrendered that I may never get my beautiful daughter back. I had to face the fact that she might die.

That same day, she received a call from Grace House. They had a bed for her! The night before my daughter went to Grace House, I caught her stealing money out of her relative’s purse and she went out—I’m sure to score. I could not have stopped her. Even getting physical wouldn’t have helped. I was terrified. I was so worried that after detox, she would overdose.

The next day I brought her to Grace House and it was a huge relief. I wasn’t sure if she would stay, but at least she was in a place that could give her what she needed. Somewhere around six weeks, I began to see changes in her attitude not only towards me but also towards life. That’s when I began to have some hope.

My daughter was becoming a different person. She was blossoming into the woman I knew she could be. Joy came back into my life. It was possible again to see a happy future.

The future has turned out to be better than either she or I could have ever hoped. To see her at her brother’s wedding, to see her dance and laugh, and just be present... it was a miracle. To see her with her newfound friends at Mardi Gras cutting up, dancing, having a ball and being totally sober ...it was a miracle. Recently, she has returned to

I needed liquor to survive, yet it was killing me
from a Bridge House alum

I was 18 years old when I took my first sip of alcohol. I hated it. What I did like however, was the feeling of being accepted by my friends. I had arrived. The answer to my loneliness and self-loathing, was finally revealed to me: Alcohol. It fixed everything for me and I was finally, a part of something. For over 15 years, I searched for that feeling, having both good times and bad. Eventually, the good times that were had while drinking faded and alcohol turned on me. By that time it was too late. I needed liquor to survive, yet it was killing me.

My family and friends are loving and supportive people and I used them to get what I needed. Lying and manipulating were the tools I used to get what I wanted at any cost. I thought I was fooling everyone but actually, I was fooling myself for the day came when all of my resources to get drunk had dried up. I was alone with no money, friends, or a place to live. I wandered the cold and dark streets of Chicago desperately seeking anything that would give me the means to cure the dismal state of mind and body that I was in. Nothing seemed to work. Things were even worse than they were when I started drinking at age 18. Broke, homeless and out of resources I had hit bottom.

By The Numbers Jan 1-Oct 31, 2014

Calls for Help: 8,847
Daily Capacity: 154

These numbers reflect the overwhelming demand for our substance abuse treatment services
For treatment call 504-821-7120

MIRACLE continued on p. 2
SURVIVE continued on p. 4
Donations = Beds = Lives...

Else Pedersen CEO

For many years Bridge House / Grace House has sought to diversify its funding. Not only does this reduce our dependence on government funding, it also allows us to expand our reach and provide services to considerably more men and women than we could through government funding alone. We have been proud to communicate that Bridge House / Grace House generates 70% of the revenues needed for our programs through our in-house initiatives. These initiatives are: selling donated goods in our Thrift Stores, selling donated cars in our Used Car Lot, and cash donations through individuals, corporations and foundations.

The operative word in all of our efforts to generate the additional funds for our programs is DONATIONS. But how does that actually translate in the day to day world of Bridge House / Grace House? It translates as a dramatic increase in the number of services we are able to provide. How dramatic? Read on.

Without your donations we would have 46 beds instead of 154 beds on a daily basis.

Without your donations we would have provided treatment to 490 less men and women in 2014.

As you allow us to pick up unwanted softly used goods or donate your used vehicle or write us a check—we are collectively making a huge daily impact on the addiction issues that plague our community. Your trust in Bridge House / Grace House to provide these services regardless of one’s ability to pay is not taken lightly. We monitor and maintain a high census level at all sites, simply meaning we fill our beds as quickly as possible. This is never a problem as many await our services every day.

Please keep Bridge House / Grace House in your thoughts as these opportunities to donate arise. We need them to maintain our current level of services. We so appreciate the generosity and support that you have shown us these many years. We are entering our 58th year in 2015. We could not have done it without you.

To demonstrate the impact that we can have I want to share the following note that I recently received:

Good morning,

I wanted to reach out to Bridge House directly to thank you all for what you did for my brother. (I wasn’t sure who I should contact regarding this, so hopefully it gets into the right hands). My brother was a resident at Bridge House. He was at the lowest point of his life; he honestly didn’t have a life...no connection with his family, no job, no home, nothing except looking for ways to get his next fix. I want to let you know that YOU....your program....gave him back everything. I spent years without knowing if my brother was dead or alive....not knowing what happened to him. Now, he has an amazing job, loving wife, and beautiful daughter. He is surrounded by friends and family. He is my big brother again. In July, he walked me down the aisle at my wedding. If you don’t know him personally....you have no idea how HUGE that is. He was a

LIVES continued on p. 7

Karen Selenberg

Don’t Trade It, Donate It!

Call: 504-598-3355

We pick it up, you get a tax deduction
Tis the Season of Giving

From the Executive Director of Development

Addiction is a real thing. It is a disease and it knows no boundaries. Addiction does not care where you went to school, where you grew up, how old you are, or what you do for a living. It is an equal opportunity destroyer. Addiction is widespread in our community and chances are you know someone who has suffered or is suffering from drug or alcohol abuse.

At Bridge House / Grace House, we battle addiction everyday by providing long-term residential treatment to men and women who would otherwise not be able to afford it. Those who come to our doors are hopeless, helpless, and many of them want to die. These individuals have nowhere else to turn to help them overcome their addiction so that they can become productive members of our community. We need your help. It is not too late to get an end of the year donation in, and no donation is too small to aid in someone’s recovery.

With your help, we can maintain our current level of services. In 2013, we were able to treat over 700 men and women in the greater New Orleans area and we are on track to do the same in 2014. In December 2013 and January 2014, we received over 1,000 donations totaling $350,000. That money is saving lives right here in New Orleans. Help us save lives this year and make a donation to Bridge House / Grace House today. Please see the cut-out below for donation information. You can also contact me at 504-821-7133.

Kevin Gardere
kgardere@bridgehouse.org
504.821.7133

Yes, I would like to treat addiction through an end of year gift!

Enclosed is my donation of $________________________
☐ Check (checks payable to Bridge House / Grace House)
☐ Credit Card (please use the space provided below)

Name on Card______________________________________
Card #___________________ Exp______________________
Visa_______ MC________ AmEx_______ Disc_________
CVV2/CVC#__________ Phone #:_______________
Billing Address____________________________________

Volunteer Spotlight

Bridge House / Grace House is grateful for the hundreds of volunteers that assist the organization each year. Volunteers help Bridge House / Grace House in a variety of ways, and we want to recognize an especially hard-working volunteer this quarter: Karen Tipton.

Ms. Tipton started volunteering with Bridge House / Grace House in 2011 when a banking colleague, Heather Evans, invited her to co-chair the Mr. Legs Committee. Since then, Ms. Tipton has greatly increased her involvement. Her bank, Resource Bank, has served as a sponsor of the Fore! Recovery Golf Tournament since 2012. She has also been a Women of Substance Luncheon Committee Member since 2013, and she joined the Development Committee earlier this year.

Ms. Tipton’s favorite part about volunteering with Bridge House / Grace House is the ability to work with the people involved with the organization. She also values the ability to see and feel what’s going on with the organization, to help Bridge House / Grace House grow, and to see the residents grow.

When asked, Ms. Tipton comments that she sees the mission of Bridge House / Grace House benefitting the community every time she comes to one of our facilities. She especially sees the impact when a resident leaves the program.

Karen Tipton
Kevin Gardere
Trauma and Addiction

Executive Director of Clinical Services Bridge House / Grace House

Emotional trauma is often at the root of addiction and trauma can be extremely damaging during childhood as children do not have the coping skills to deal with it. Many individuals seeking treatment for alcohol and substance abuse have a history of childhood trauma which may include neglect or physical, sexual, or emotional abuse. Traumatic events may include the death of a parent at a young age, severe illness, domestic violence, homelessness, bullying, a car accident, a shooting, fire, assault, rape, a hurricane, and child abuse. Some individuals naturally heal over time but others become stuck and unable to cope with the emotional pain of the trauma.

It is important for treatment professionals to understand the strong relationship between trauma and addiction in order to best help people heal and develop a treatment plan that has a trauma informed approach. Individuals are often not aware of how traumatic experiences have impacted their lives. Many people turn to alcohol and other drugs to help deal with the emotional pain, bad memories, poor sleep, guilt, shame, and anxiety. Individuals with a history of abuse and trauma are more prone to anxiety and depression. Trauma has also been linked to overeating, compulsive sexual behavior, and other types of addiction.

The Substance Abuse and Mental Health Service Administration (SAMHSA) six key principals of trauma informed approach and trauma-specific interventions are designed to address the consequences of trauma in the individual and facilitate healing. The six key principals include: 1.) safety, 2.) trustworthiness and transparency, 3.) peer support, 4.) collaboration and mutuality, 5.) empowerment, voice and choices, and 6.) cultural historical and gender issues.

“Seeking Safety” is a trauma-specific intervention utilized by Bridge House / Grace House in therapy for trauma, post-traumatic stress disorder and substance abuse.

Most women and many men in substance abuse treatment have histories of trauma. “Seeking Safety” is present focused, educational and seeks to help clients find ways to improve their lives without the use of substances or other destructive behaviors. “Seeking Safety” addresses one of the most important clinical needs which is to provide a safe environment for the clients we serve.

Michelle Gaiennie, LCSW, ADS
mgaiennie@bridgehouse.org
504.821.7123

Help with special events!

If you would like to join a special event fundraising committee, please call 504.821.7288.

Bridge House. I was a broken man. I had spent most of my adult life in active addiction. Hopeless, had become a normal state, for me. It took many poor decisions, missed opportunities, broken relationships and scrapes with law enforcement for me to realize that I was doing this thing called living, all wrong.

I was eager at the opportunity to have a better life. I was more than willing to listen and take the steps needed for me to regain happiness and peace. I was not willing, however, to get sober. My very first counselor at Bridge House explained to me that in order to achieve happiness and peace, I had to get sober. It was at that point that I realized, for the first time, that I was an alcoholic. What a relief that revelation brought to me. On that Monday morning, my journey to a new life began.

I was given opportunities to work on discipline, to have respect, and to be honest. I learned how to form relationships with people and to accept life as it came. More importantly, Bridge House required that I begin a 12 step program to learn how live this life as a sober man, successfully.

My life today is better than it has ever been. The happiness and peace that had eluded me for so long, now exists. I live a life that is dedicated to helping others and being of service to mankind. I have a relationship with a power greater than myself which solves all my problems. I have been a grateful, sober member of Alcoholics Anonymous for over three years now.

I am forever indebted to Bridge House and I spend much of my time giving back to a place that welcomed me and gave me a hand when I could not help myself. Although I am years removed from Bridge House as a client, it still plays a vital part in my recovery. Every time I share my story with a guy who is there, it helps me. Every time I work with another man living at Bridge House, I take out a little more insurance on my own sobriety.

Mike B.
My name is Corey. I am 33 years old, and I am an alcoholic. I took my first drink at a very young age. I was 10 the first time I got drunk. I certainly didn’t drink all the time back then, but I probably thought about it every day—I couldn’t wait for the next chance I had to do it again.

My first blackout was at age 12 and that was also the first time I vowed to never drink again. It only took a few weeks for me to forget about that vow. Over the next 10 years I probably had hundreds more blackouts with the consequences progressively getting worse. They were ranging from simple embarrassment to people I care about, completely removing themselves from my life with many lost jobs in between.

By age 23 I began waking up in jails and hospitals. The next two years were the darkest times of my life up to that point. I was drinking every day, all day. I have burned every bridge I came to. Alcohol had completely taken control of my life. I was literally drinking against my own will and there was nothing I could do about it. I was completely out of options.

At 25 I called a family member for help. He had been through Bridge House and acquired the tools needed for a complete transformation, and was living a happy and productive life. He introduced me to Bridge House and I began my journey. I learned a great deal about myself and my disease but still wasn’t yet willing to change so I left early. Over the next seven years I had been in and out of recovery, hospitals and jails too many times to count.

By the time I returned to Bridge House

OPTIONS continued on p. 11

Upcoming Events

6th Annual Recycled Fashion Show
Sunday, March 1, 2015
Rock N Bowl
6:00-9:00 PM
Silent Auction, Raffle, and Food
Tickets: $25 in advance, $50 VIP
A fashion show featuring clothing from the Bridge House Thrift Store that has been "tweaked" by local designers into fashionable outfits

Cochon Cotillion XIX
Saturday, April 18, 2015
Blaine Kern’s Mardi Gras World
7:00-11:00 PM
Tickets $100
The Krewe of Pork and Beads present the first Mardi Gras Ball of the 2016 season. This year’s royalty includes King Ronal Serpas and Queen Ruthie Frierson. The Cochon Cotillion is a party with food, a complimentary bar, silent auction, raffle, music by ELS, and dancing. Costume or tacky attire is suggested.

20th Annual Women of Substance Luncheon
Friday, May 8, 2015
Audubon Tea Room
11:00 AM-2:00 PM
Individual Reservation $100
Table of Ten $1,000
Silent Auction, Raffle, and Special Honors at the Luncheon

For more information, visit: www.bridgehouse.org/events
Rockin’ with the NOLA Stars V

From the Events and Outreach Director

Nearly 500 packed Generations Hall to see the contestants compete in Rockin’ with the NOLA Stars V—a spin-off from the network television program “Dancing with the Stars”. The event featured a live band, dancing, entertainment, and great food. It all took place on September 6, 2014 at Generations Hall.

Rockin’ with the NOLA Stars paired local New Orleanians—with varying levels of dance experience—and paired them with professional dance instructors from Dance Quarter. Dance Quarter, the local “dance partner” in the production of this event, transformed our contestants into competition-worthy dancers with just a few months of practice. We are always impressed with the work from Dance Quarter, and thank them again this year for their hard work.

Nell Nolan was crowned Rockin’ with the NOLA Stars V Champion, Dr. Theo Stafford was the Runner-up, and Mike DeAgano was the 2nd Runner-up in the contest. The judges awarded Sharonda Williams for having the best costume and Dr. Anil Paramesh received recognition for the best overall performance.

The Champion, Runner-up, and 2nd Runner-up are determined by the amount of money raised by each contestant. Contestants raised money through the sale of sponsorships, event tickets, and raffle tickets. The judges and audience select the other categories.

Rockin’ with the NOLA Stars V was a success, and we want to especially thank Nell Nolan for the hours of hard work that she put into securing this year’s championship. The money raised from this fundraising event is used to support Bridge House / Grace House’s substance abuse treatment program—provided regardless of ability to pay. Congratulations to our committee and contestants on a job well done!

We thank Chriss Knight and Chet Pourciau for their service as emcees this year. We also want to thank WGNO-TV and NOLAn38 The CW for their continued support of this event as the Media Sponsor.

The CW for their continued support of this event as the Media Sponsor. We also appreciate the efforts of our judges: Rockin’ with the NOLA Stars IV Champion Jacqueline Delery; Denise Gerarve of the Pussyfooters; and Jefferson Parish President John Young, Jr. Finally, we thank the Pussyfooters and Dr. Theo Stafford’s band “The New Orleans Express” for their contributions.

Many thanks go out to our sponsors and all those that supported Rockin’ with the NOLA Stars V. We hope to see you at Rockin’ with the NOLA Stars VI!

Joe Pitman, MBA
jpitman@bridgehouse.org
504.821.7288

Want to stay in contact with us?

Please contact Lauren Selenberg at lselenberg@bridgehouse.org or 504.821.7141 if you’d like to stay up to date with Bridge House / Grace House via email.
man on the brink of death.....people with his level of addiction don’t get better...they die. Or end up in jail. He conquered his addiction with your help and guidance. He is the most inspiring and amazing person I have ever met. He not only survived, he has thrived since his stay there. He was in and out of several rehab facilities prior to his stay at Bridge House, and none of them worked. To this day, he talks about his time there and credits all of you with literally saving his life. YOU LITERALLY SAVED HIS LIFE. So, thank you SO MUCH for giving me back my big brother. Thank you for giving him back HIS life. If there are any people there that cared for him during his stay, please forward this to them. I want them to know that the work they do is important and that there are success stories out there...that people can break the cycle and get on with fulfilling, productive, happy lives they never thought possible.

I will be donating to the house via your website, but most importantly I just wanted to thank you all from the bottom of my heart from my whole family for saving a soul who many other thought was a lost cause. I am eternally grateful of the work you do every day.

Warmest Regards, M.T.

The writer asked that I send this to those who cared for her brother—that is you—our donors through us—the staff of Bridge House / Grace House.

Donations = Beds = Lives.

Happy Holidays!

Else Pedersen MBA, LAC
epedersen@bridgehouse.org
504.821.7122
Fore! Recovery Golf Tournament

From the Events and Outreach Director

Over 130 golfers participated in the 2014 Fore! Recovery Golf Tournament in support of Bridge House / Grace House. Presented by Triton Stone Group, the tournament took place on September 26, 2014 at the English Turn Golf and Country Club.

This year’s tournament stepped up its offerings with an abundance of food, beverages, music, contests, prizes, auction items, and of course a great round of golf on a premiere course.

A dozen local restaurants and vendors provided food out on the course: Acme Oyster House, Cochon, Dameron Pierson, Drago’s, Eiserloh Company, Emeril’s, Hooter’s, Mandina’s, New Orleans Hamburger & Seafood Company, Rolls N Bowls, Semolina, and Zea’s.

No one left the tournament hungry!

Golfers had a chance to win a new car at either the Audi of New Orleans or the Banner Chevrolet Hole-in-One Contests. DJ Eddie Gonzales provided festive music through the day, and Kelly Gibson challenged golfers to a “Beat-the-Pro” contest. In addition to a Putting Contest, the event also featured an especially robust live and silent auction. Featuring a professional auctioneer, bidders had the chance to go home with paintings, sports memorabilia, restaurant gift certificates, hotel stays, and many other great items.

Chris Kenyon, Damien Serauskas, Steven Serio, and Phil Garrett’s team took home first place trophies with a score of 56. Thanks to all that supported the Fore! Recovery Golf Tournament. It was a successful event that raised much needed funds for Bridge House / Grace House’s substance abuse treatment program—provided regardless of ability to pay. We especially thank our Fore! Recovery Golf Tournament Committee, led by Iggie Perrin, for their hard work in making this year’s event a success. We also had several great volunteers that supported us on the day of the event.

We hope to see you out on the links for the 2015 Fore! Recovery Golf Tournament!

Joe Pitman, MBA
jpitman@bridgehouse.org
504.821.7288
I felt as if drinking was the only thing that kept me sane

From a Grace House resident

I was born and raised in New Orleans, attended a local catholic high school, and graduated from a local catholic university on the dean’s list. My mother raised three of us on her own as my father worked offshore. She instilled strong values, morals, and ethics, and gave us all the love we wanted—still does to this day.

When I first choose to drank, I was 13 years old. I had just been accepted into the first 8th grade class at my high school, and I was heavily involved with my ballet studio. There was a student at my studio, who was also a senior at my high school, and instead of taking her freshman little sister out for a traditional night on the town, she chose me. Our night involved gallons of daiquiris, me getting sick, passing out somewhere, being hung over for class the next day, and loving that feeling the day after. My other classmates were envious of my night, and I chased that feeling for the next 21 years.

All through high school, I managed my drinking—saving money here and there just to be able to buy what would get me through the weekend. My alcoholism blossomed as I felt the need to drink whenever I was to be in a social situation. It’s all that I would look forward to throughout the week. My high school career was marked with excellent grades, scholarships to colleges, and much family pride. My family really thought I was meant for great things in life, be it as a ballet dancer, a doctor, or perhaps even biologist. I felt as if I were meant for great things.

The next logical step was college, and so I continued along the path others choose for me. I loved college, but more importantly, I loved the college life. Even though I was in a significant relationship with my high school sweetheart, I began to experience the power of manipulation. Away from my family and friends, I realized quickly that I could use my prowess to get what I wanted, love and affection, since my boyfriend was in another state. My actions brought about a sense of incomprehensible demoralization that I quickly pushed away by excessively drinking. I could always blame alcohol for the reasons behind my actions. What first brought me ease and comfort quickly became my scapegoat.

My disease progressed when I returned home after a year and a half because the boyfriend missed New Orleans. I complied, as is the common thread throughout my life, and I finished school in the expected amount of time. He chose to go to graduate school and so I moved to California with him—my now fiancé. I began to watch his life expand while my feelings of loneliness and disappointment took over. I was 2,500 miles from my family, I didn’t know anyone but my fiancé and I did not take any action towards a career. With a full degree in Criminal Justice, I decided to work in a printing press warehouse driving a forklift, and the highlight of my day was always drinking at the bar right next to warehouse. At the time, I only drank. Strangely enough, I would go to the bar saying I would just have one to relax and the next thing I knew, I was driving drunk back to my apartment. I felt as if drinking was the only thing that kept me sane. It relieved me of the bondage of depression, loneliness, anger, confusion, and—for a brief moment—I

SANE continued on p. 11
Celebrity Waiters VIII

From the Events and Outreach Director
Bridge House / Grace House hosted Celebrity Waiters VIII on Tuesday, November 11, 2014 at the Hyatt Regency New Orleans. This star studded luncheon was attended by an enthusiastic crowd of over 150 people. Everyone enjoyed the delicious food and was served by an array of New Orleans celebrities.

**Will and Racquel Smith**, through their “Where There’s a Will There’s a Way” Foundation, served as the presenting sponsor of the event for a fourth consecutive year. We cannot thank them enough for their continued support! Mr. and Mrs. Smith not only served as presenting sponsors, but they also served as celebrity waiters.

The waiters included athletes, coaches, politicians, musicians, artists, businesspeople, comedians, and even members from several Mardi Gras marching krewes!

The luncheon also featured a live and silent auction. Pelicans suite tickets, Peyton Manning autographed memorabilia, and autographed Saints memorabilia are just a few of the highlights.

**Scott Walker**, from WDSU, served as emcee of the event, and **Eddie Gonzales** served as DJ. We thank them both for donating their time.

We thank all that helped to make Celebrity Waiters VIII a successful event. All funds raised all used to support Bridge House / Grace House’s substance abuse treatment program—provided regardless of ability to pay.

**Joe Pitman, MBA**
jpitman@bridgehouse.org
504.821.7288

Presenting Sponsor
Where There’s a Will, There’s a Way

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Gary Barbaro
Jodi Borrello
Ally Burguiere
Simone Bruni-Crouere
Jeff Crouere
Millie Fuller—Muff-a-lottas

Alden Hagardorn
Cameron Jordan
Bivian “Sonny” Lee III
Monique Morial
Charmaine Neville
Billy Nungesser
Kristy Saunders—Pussyfooters

Matthew Schiro—610 Stompers
Mark Slessinger
Will Smith
Irma Thomas
Kathy Tixier—Muff-a-lottas
John F. Young, Jr.
on August 21, 2014, alcohol had finally beaten me into a state of reasonableness—as the Big Book says. In just the short time I have been here, I have already seen a great deal of positive change in my life. All that was needed was the willingness to pick up those same spiritual tools that were offered to me years ago and apply them to my everyday life.

Bridge House has given me more than I could ever repay. They gave me a place to call home when I had none and everything I need to survive to begin the journey to becoming the brother, son, father, friend, and the man that I deserve to be.

I don’t know where I would be without the beginning that Bridge House has offered me. I will forever be in their debt.

Thank You,

Corey S.

SANE continued from p. 9

on August 21, 2014, alcohol had finally beaten me into a state of reasonableness—as the Big Book says. In just the short time I have been here, I have already seen a great deal of positive change in my life. All that was needed was the willingness to pick up those same spiritual tools that were offered to me years ago and apply them to my everyday life.

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Thank You,

Corey S.

two year downward spiral that landed me into Grace House. Inpatient treatment was an option I was not willing to put on my list, but, after seven days of detox, I decided I needed anything to keep me away from drugs and alcohol. The fear was too great. I didn’t want to live and I didn’t want to use or drink.

On August 6, 2014 my mom dropped me off for intake at Bridge House and so began my journey. At 34 years old, it feels like I am finally growing up to be the woman I always wanted to be because of the therapeutic community at Grace House. It was not my plan to start my sobriety on July 30, 2014, but for all intents and purposes I should not be alive to even tell my story. In one hour, I totaled my car, admitted to my mom that I was a heroin addict, and agreed to start detox at my brother’s house. Thankfully he started his recovery in June of 2013; the hand of Alcoholics Anonymous, fully stretched through my younger brother. Many fellow addicts steered him to reach out to Grace House because of someone else they knew who went through the program or just how the program has reached out to the community.

Today, I am absolutely grateful for the community that I am a part of here at Grace House. The staff and the clients are my elephants that circle around me and love me until I can love myself. I have learned that I have a bad disease and Grace House is helping me get better, rather than being a bad person trying to be good. My goal here at Grace House is to constantly give back what it was so freely given to me. My name is Ashley F., and I am an alcohol and a drug addict. Just for today, I am grateful and proud to be a part of this program.
The mission of Bridge House / Grace House is to provide gender specific treatment to men and women who have become dependent on alcohol or drugs so that they may lead sober and productive lives.

Long-term residential services are offered in an atmosphere that promotes dignity, honor and respect. These services are offered regardless of one’s ability to pay.