

# GRACE HOUSE

1401 Delachaise Street, N.O., LA 70115 504-899-2423

1160 Camp Street, N.O., LA 70130 504-522-4475

Intake: 504-821-7147 or 821-7293 Fax: 821-7296

## ITEMS FOR ADMISSION

The following items are not required to enter treatment. You are allowed to bring the following items to Grace House on the day you are admitted:

### **Clothes:**

- Max of ten (10) outfits: Shorts should be mid-thigh & skirts should be knee length
- One (1) dress outfit
- One (1) robe and max of two (2) pairs of pajamas
- Max of 6 bras, 12 pair of underwear, 10 pair of socks or 10 pair of hosiery
- Exercise clothing: Max of 2 exercise bras & 2 exercise outfits
- Max of four (4) pairs of shoes, which should include a pair of closed-toe shoes and a pair of tennis shoes for walking
- One (1) pair of shower shoes or slippers
- Two (2) bath towels and two (2) hand towels

### **Additional Items:**

- Personal hygiene: No more cosmetics than can fit in a small bag and shampoo, bath soap, lotion, etc. should be kept to a minimum and stored in a transportable case
- Necessary personal grooming items such as, deodorant, feminine hygiene products, tooth brush & toothpaste, hair dryer & hair iron (must have automatic shut off), brush, comb, etc.
- Combination lock for your locker (strongly recommended)
- CD or MP3 player with headphones (you may use once off of stabilization)
- Cash or gift cards, however, we suggest keeping no more than \$50 at a time
- We encourage you to bring bus tokens or a bus pass
- Notebook, pens, paper, etc. and a bag for carrying step work, books, & workbooks
- Cigarettes & lighter
- Max of 1 extra pillow and a light throw blanket

### **The following items are NOT allowed at Grace House:**

- Candles, incense, matches, rolling cigarettes
- Cell phones or pagers (until approved by your counselor following 60 days in treatment)
- Plants or flowers
- DVD Players, laptops, or any item with internet access
- Shirts with spaghetti straps or wife beater, strapless shirts, transparent clothes, or clothes with holes in them or that promote alcohol or drugs

- Any products containing alcohol , including, but not limited to the following: mouthwash, hand sanitizer, wet wipes, facial astringent, perfume, cologne, hairspray, body spray, lotion, body wash, rubbing alcohol, etc.
- Curling irons and flat irons that do not shut off automatically.

**Documents that are needed (if applicable)**

- TB Skin test results or chest x-ray
- Recent medical History and physical exam
- Documentation of Homelessness
- 30 day supply of medication
- State ID or driver's license
- Medicaid or Medicare card
- SSI award letter
- Food Stamp award letter